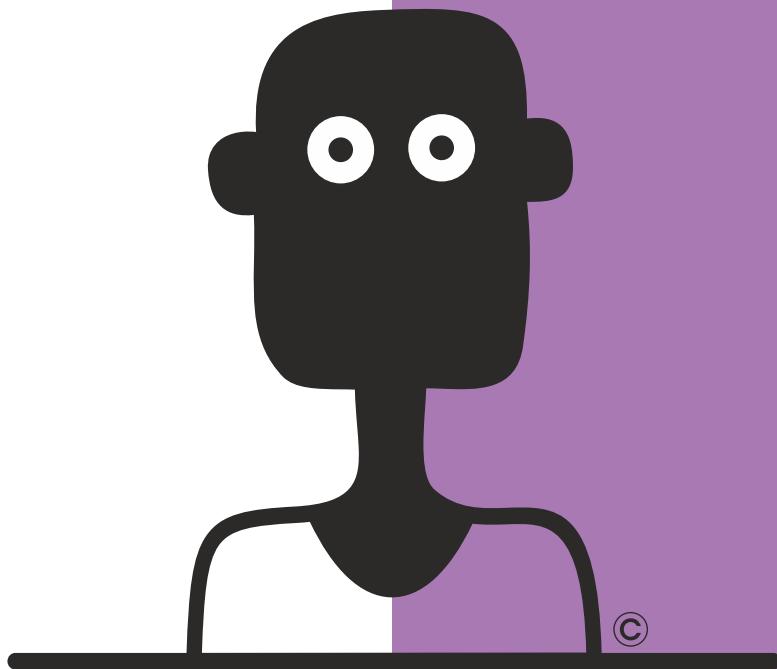
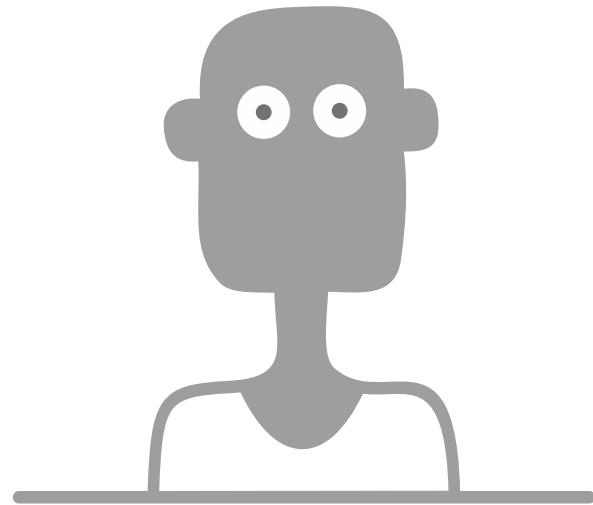


NALA

my little lila Bike



The NALA Project Artworks



NALA

an african art project

www.the-nala-project.com

www.facebook.com/TheNalaProject



„Nala and the big Bus in Zambia“

by André Pilz

On the way by bicycle
through Africa,
we met and inspired
many people,
who followed our way.

119 visual artists
from 15 countries,
integrate NALA
in their Artworks
on her way through
Africa.

Let yourself be inspired
from the unique and
amazing artworks
from African artists.

The goal is to
support the artists
and their Families,
projects and
improve quality of
life.

Stay curious
Yours NALA

Hello, I am NALA



My first Nala painting

by André Pilz



When I was 6 years old I had a dream. I wanted to know what's behind the mountains that I looked at every day while I hung up the laundry.

The mountains looked so beautiful in the pink sunset.

Eventually curiosity got the better of me and my desire for traveling grew more and more, because I wanted to know what's behind these mountains.

I used to live with my brother and my parents in a small house with a red metal roof in a township not far from Cape Town in South Africa.

While my brother attended school and was allowed to have fun with his friends, I had to do the chores: cook food, go shopping, do laundry, wash dishes and clean the house.

I was often very sad and many tears rolled down my big face. One time a little bird was watching me and noticed the tears. It asked me why I was so upset and depressed.

I told him about my desire and it whispered:

"If you want to know what's behind the mountains, then you have to leave home and follow your dreams."

Two weeks later I sneaked out of the house and ran down the muddy path to the big road. This is how my journey started.

After I had traveled for over a week I came to a place called "Ostrichland" and found a farm where nice and friendly people lived.

The farmer gave me a little purple bicycle and I was happy that I got to travel by it from now on.

After almost 3 years and 16000 km on my little lilac bicycle I reached the city of Nairobi in Kenya.

On my journey I met many wonderful people. Among them was a Mr. Pilz, who traveled by bicycle as well and he was also on a journey to follow his dreams.

All the stories about the different encounters with humans and animals and all the different landscapes I saw, I want to share with you.

So stay curious. See you!
Yours NALA

Hello Ich bin NALA



My first Nala painting

by André Pilz



Als ich 6 Jahre alt war, hatte ich einen Traum.

Ich wollte wissen was hinter den Bergen ist, welche ich jeden Tag sah, während ich die Wäsche aufhängte.

Die Berge leuchteten so wunderschön pink im Sonnenuntergang. Meine Neugierde weckte die Sehnsucht zu reisen.

Ich wohnte damals mit meinem Bruder und meinen Eltern in einem kleinen Blechhaus mit rotem Dach, in einem Township unweit von Kapstadt in Südafrika.

Während mein Bruder die Schule besuchen durfte, und mit seinen Freunden Spaß haben konnte, musste ich die Hausarbeit machen.

Essen kochen, Einkaufen gehen, Wäsche waschen, Geschirr spülen und Haus putzen.

Ich war öfters sehr traurig, so das mir viele Tränen über mein dickes Gesicht kullerten. Dies bemerkte ein Vögelchen, das mich beobachtete, und fragte was mich bedrückt.

Ich erzählte ihm meine Sehnsüchte und es antwortete mir flüsternd:

„Wenn du wissen willst, was sich hinter den Bergen befindet, dann musst du von zu Hause entfliehen und deinen Träumen folgen.“

„Höre auf dein Herz und folge deinen Träumen“

Zwei Wochen später, verschwand ich heimlich von zu Hause, lief die Matschpiste hinunter, bis zur großen Straße.

Ich war über eine Woche unterwegs, bis ich im „Straßenland“ eine Farm fand, mit netten Menschen. Der Farmer gab mir ein kleines lila Fahrrad, mit dem ich mich kurze Zeit später „auf den Weg“ machte.

Nach fast 3 Jahren und 16000 km auf meinem Fahrrad erreichte ich die Stadt Nairobi in Kenia.

Auf dem Weg traf ich viele herzliche Menschen u.a. Herrn Pilz, der auch mit seinem Fahrrad unterwegs war und seinen Träumen folgte.

All die Geschichten von den Begegnungen mit Mensch, Tier und Landschaft möchte ich euch gern erzählen. Bleibt also neugierig.

Bis dann
Eure NALA

Bonjour je suis Nala



My first Nala painting

by André Pilz



Quand j'avais 6 ans, j'ai eu un rêve. Je voulais savoir ce qu'il y avait derrière les montagnes, que je regardais tous les jours pendant que je raccrochais à la lessive.

Les montagnes étaient si belles au coucher du soleil rose. Finalement, ma curiosité et mon envie de voyager a grandi de plus en plus parce que je voulais savoir ce qui se cache derrière ces montagnes.

J'habitais avec mon frère et mes parents dans une petite maison avec un toit en métal rouge dans un township pas loin de Cape Town en Afrique du Sud.

Pendant que mon frère allait à l'école et s'amusait avec ses amis, je devais faire les travaux ménagers: faire la cuisine, aller au magasin, faire la lessive, faire la vaisselle et nettoyer la maison.

J'étais souvent très triste et beaucoup de larmes coulaient sur mon grand visage. Une fois, un petit oiseau m'observait et a remarqué les larmes.
Il m'a demandé pourquoi j'étais si bouleversé et déprimé.

Je lui ai parlé de mon désir et il a murmuré:
"Si tu veux savoir ce qui se cache derrière les montagnes, alors tu dois quitter la maison et suivre tes rêves."
Deux semaines plus tard, je sortais de la maison et filais sur le sentier boueux menant au grande route.

Voici comment mon voyage a commencé.
Après avoir voyagé pendant plus d'une semaine, je suis arrivé dans un endroit appelé "Ostrichland" et j'ai trouvé une ferme où vivaient des gens sympathiques et amicaux.

L'agriculteur m'a donné un petit vélo violet et j'étais heureux de pouvoir voyager avec ce vélo à partir de moment.

Après presque 3 ans et 16 000 km sur mon petit vélo en lilas, j'ai atteint la ville de Nairobi au Kenya.

Au cours de mon voyage, j'ai rencontré beaucoup de gens merveilleux. Parmi eux se trouvait M. Pilz, qui voyageait également à bicyclette et était également en voyage pour suivre ses rêves.

Je veux partager avec vous toutes les histoires sur les différentes rencontres avec des humains et des animaux et tous les différents paysages que j'ai vus.
Alors restez curieux.

À plus! Votre NALA



Nala is dreaming

by André Pilz

**"Träume sind die Wolken der Seele.
Wir müssen sie nur hin und wieder
ausschütteln, damit sie neu atmen
können."**

Jando

**,Dreams are the clouds of the soul.
We just have to shake it off now
and then, so they can breathe"**

Jando

André Pilz

The NALA Project Africa
www.the-nala-project.com

NALA in the „Ostrichland“



NALA and the Mouse



André Pilz

Calizdorp
South Africa 2013



NALA in Lusaka

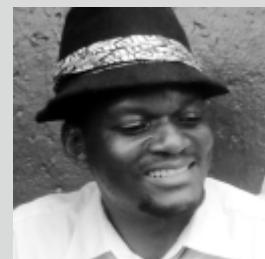


Caleb Chisha

Lusaka
Zambia 2014



NALA meets a strange creature



Gordon Shamulenge

Lusaka
Zambia 2014

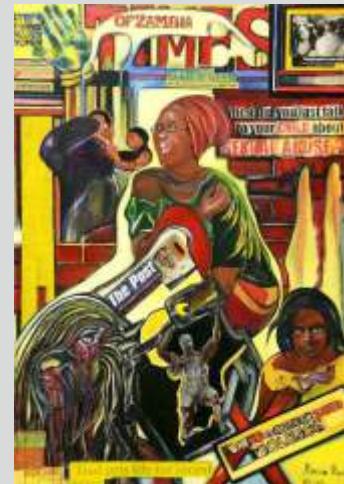


NALA is calling home



Mapopa Hussein Manda

Lusaka
Zambia 2014



Kids loving NALA



Nukwase Tembo Yosa

Lusaka
Zambia 2014



NALA's Einladung von Makishi's



Ignatius Sampa
Lusaka
Zambia 2014

Leider verstarb
Ignatius Sampa
bei einem
Autounfall 2014
in Lusaka.

R.I.P Ignatius.

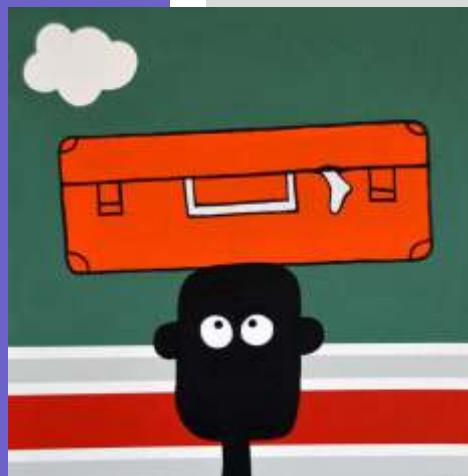
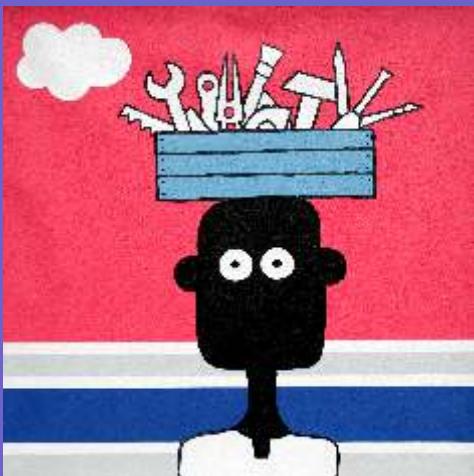
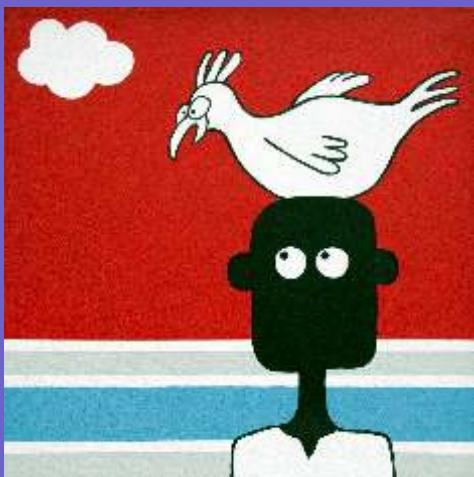


NALA als Kopfträger



André Pilz

Lilongwe
Malawi
2014



Achtung NALA kommt !



Samuel Tobias

Mua
Malawi 2014



NALA and the disturbance of the peace



Agnuely Mfaume

Dar es Salaam
Tanzania 2014





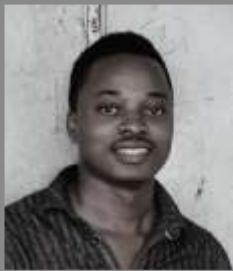
NALA unterwegs mit Papa Massai.



Ayoub Kimweli

Dar es Salaam,
Tanzania 2014.





NALA is carring Water

Masoud Kibwana

Dar es Salaam
Tanzania 2014





NALA zurück zum Festland nach Tanga.



Fadhil Ratab Raisy

Dar es Salaam,
Tanzania
2014.



Africa makes Music



Juma Pella

Dar es Salaam
Tanzania
2014



Sakina Mukarram

Dar es Salaam
Tanzania
2014

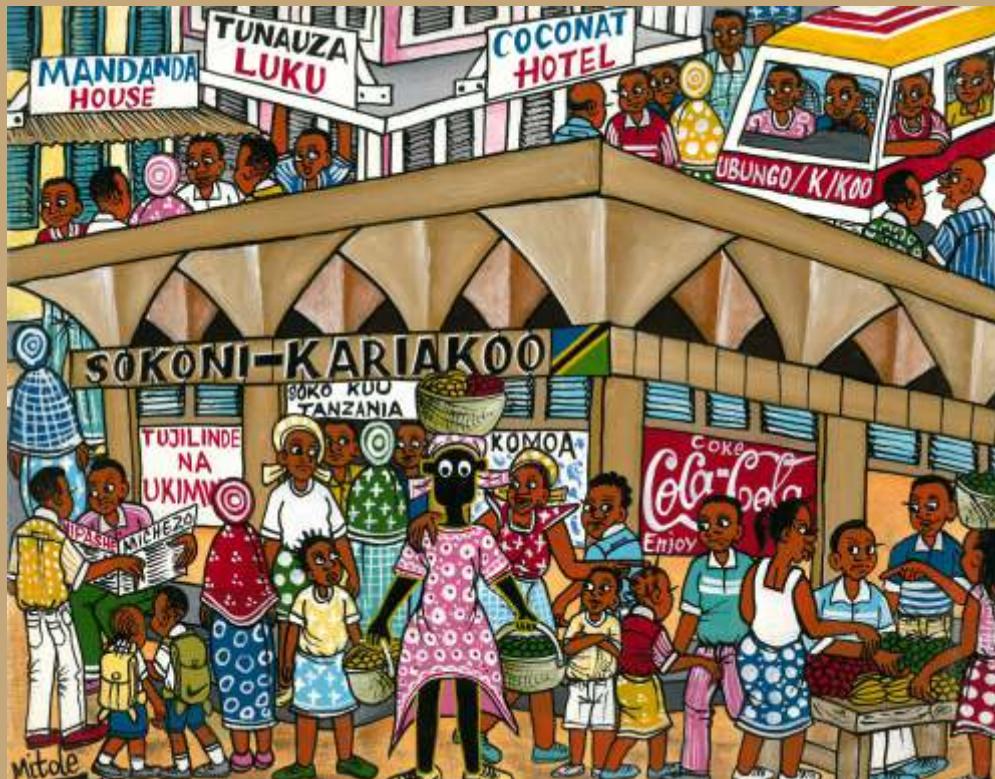


NALA and the Askari Monument





NALA in Kariakoo

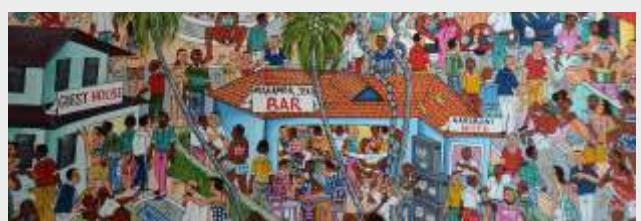


Issa Mitole

Dar es Salaam
Tanzania 2014

Leider verstarb
Issa Mitole 2016.

R.I.P Issa Mitole



NALA in Dar es Salaam



André Pilz

Dar es Salaam
Tanzania
2014

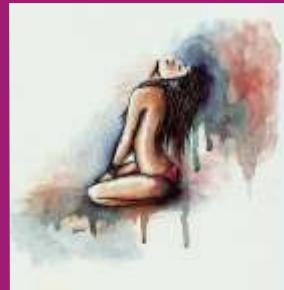


NALA is leaving Nairobi



Gloria
Mwange

Nairobi
Kenya
2015



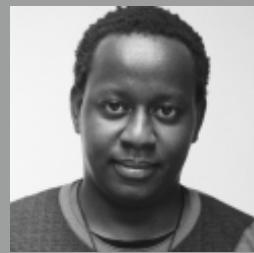
NALA an the Elephant



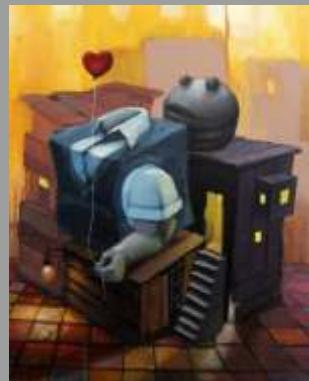
Joan Otieno
Nairobi
Kenya 2015



NALA and the sweetest Gift



Michael Musyoka
Nairobi
Kenya 2015





NALA and the yellow Canister

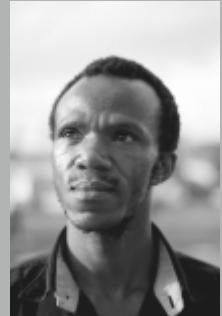


John Kariuki

Nairobi
Kenya
2015



NALA is getting a little Brother

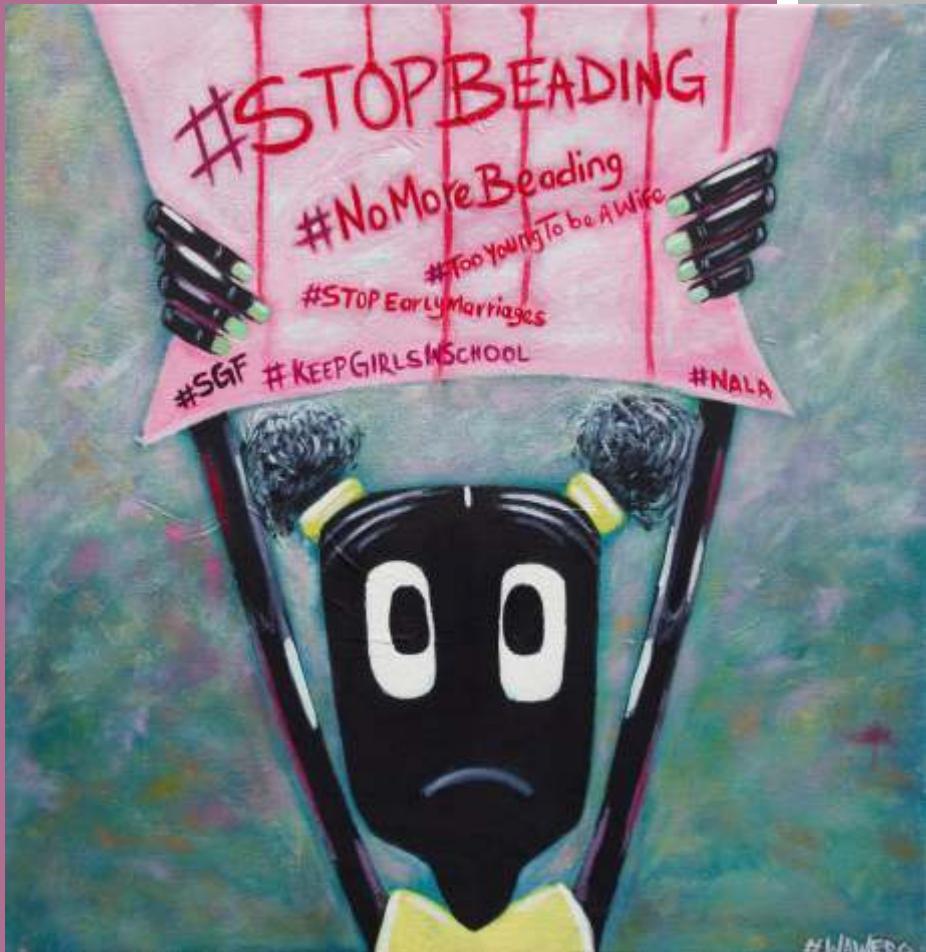


David Thuku
Nairobi
Kenya 2015

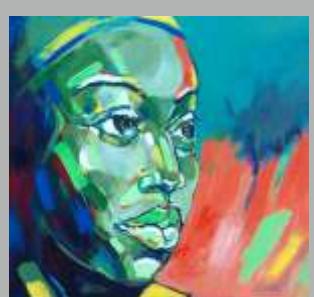


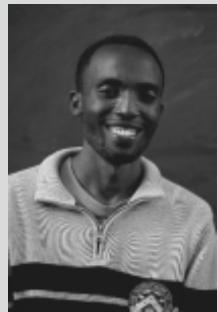


No more Beading



Waweru Gichuhi
Nairobi
Kenya
2015





Peter Ndirangu

Nairobi
Kenya
2015



NALA's Peace



Abraham Nuru

Kigali
Rwanda 2015



NALA in Kigali



Baptiste Rukondo

Kigali
Rwanda 2015

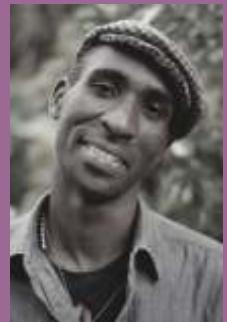


NALA: every step is a million



Denis Mubiru

Kampala
Uganda
2015



NALA in Zanzibar



Jamila Mzee Mataka (left)
Mwanakhamis Mohamed Ali

Stone Town
Zanzibar
2014





NALA and the annoying shawl



Sharifa Juma
Mohammed

Stone Town
Zanzibar
2014



NALA is missing cycling



Bonfils
Ngabonziza

Kigali
Rwanda
2015



NALA in Addis Ababa



Hailu Kifle

Addis Ababa
Ethiopia
2015



NALA in Jeans



Kirubel Melke

Addis Ababa
Ethiopia
2015





NALA in the TV again



Mehari Teshome

Addis Ababa
Ethiopia
2015





Yonas Melesa

Addis Ababa
Ethiopia
2015





Ephrem Solomon

Addis Ababa
Ethiopia
2015





Dariwos
Hailemichael
Addis Ababa
Ethiopia
2015





Zelalem Merga

Addis Ababa
Ethiopia
2015



NALA in Ethiopia



Lulit Melaku

Addis Ababa
Ethiopia
2015

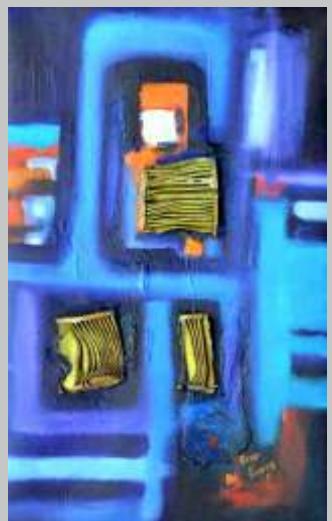




NALA and the Jukebox

Brian Kumira

Bulawayo
Zimbabwe
2013

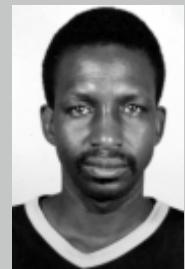


NALA buy cheese



Dumisani Ndlovu

Bulawayo
Zimbabwe
2013



NALA in the maizefield



Zandile Vanessa
Masuku

Bulawayo
Zimbabwe
2013





Christiano
Mangovo

Luanda
Angola
2017





Lia
Berhane
Asmara
Eritrea
2015

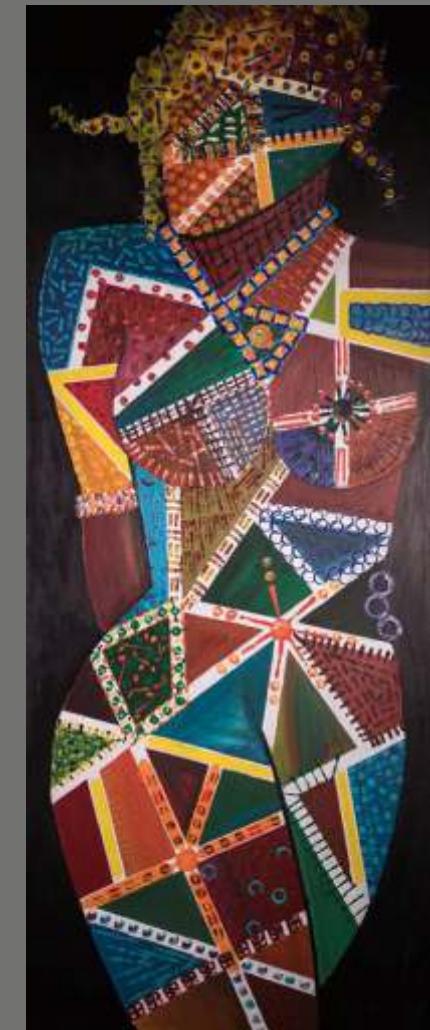


NALA and „the Gift“



Jeanette
Schmid

Lenzburg
Switzerland
2017



NALA in the fairy tale „Sterntaler“



Ruth Truttmann

Aarau
Switzerland
2018

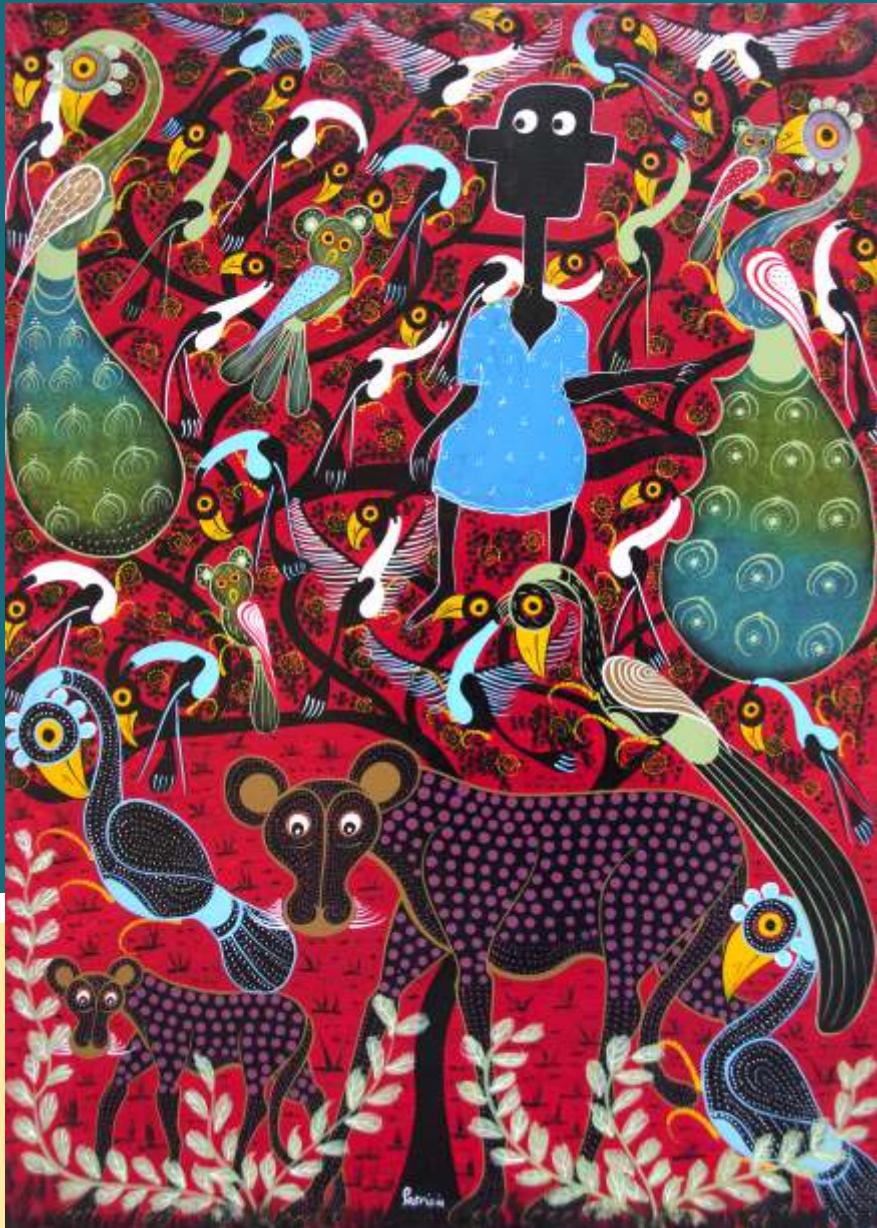


NALA and the Animals

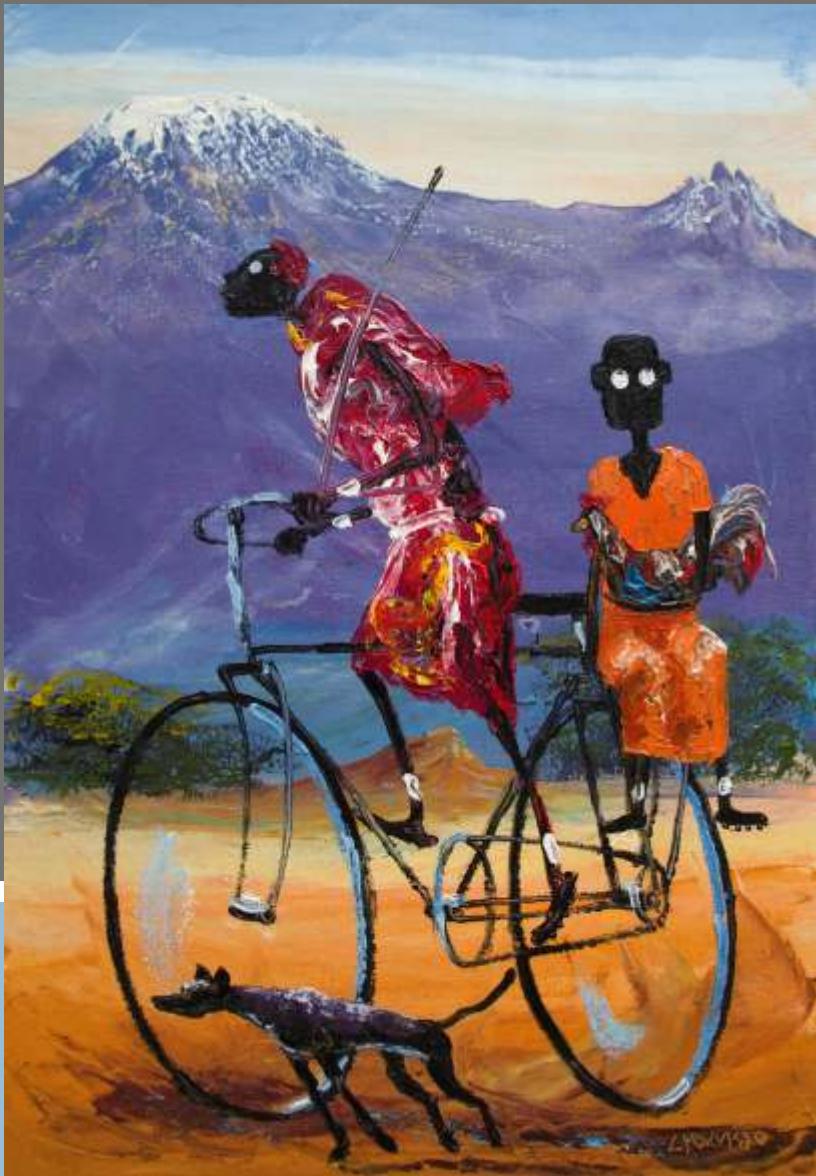


Patricia
Edward Chegef

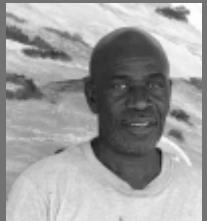
Dar es Salaam
Tanzania
2014



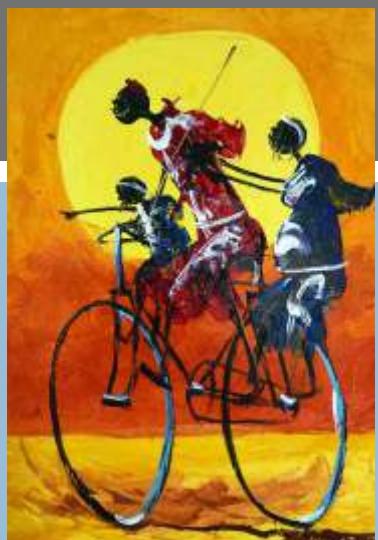
Hitch-hiking on a bicycle



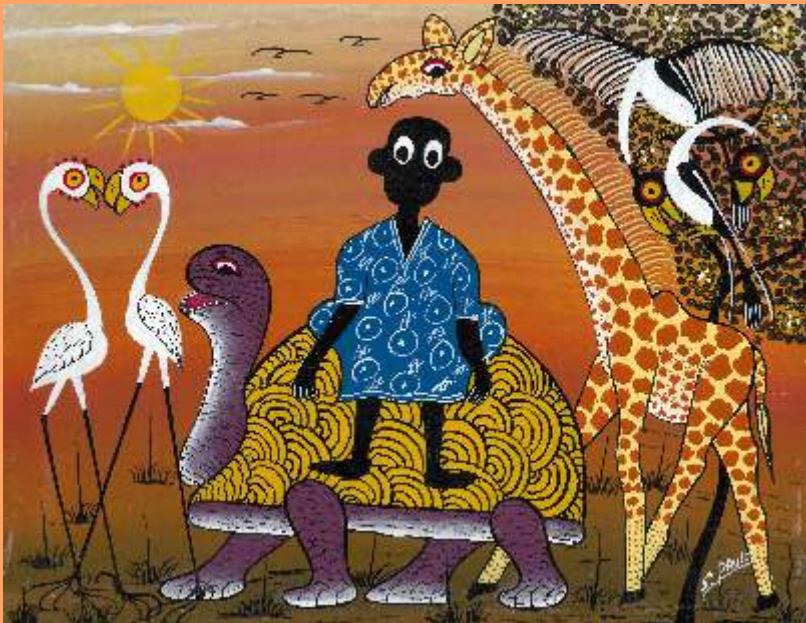
Joseph
Mwalyombo



Dar es Salaam
Tanzania
2014

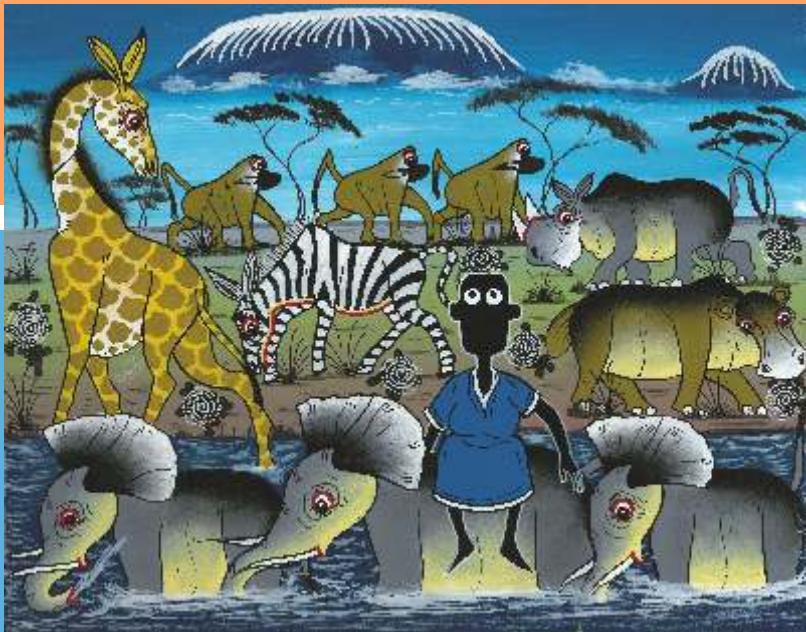


Nala and the Animals



Paolo Saidi

Dar es Salaam
Tanzania
2014



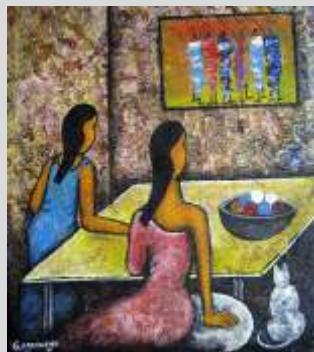
**Cosmas Modest
Ngambe**

Dar es Salaam
Tanzania
2014



George Ngaruiya

Ngecha
Kenya
2015



George Ngaruiya

Ngecha
Kenya
2015



Ron Enoch Lukes

Nairobi
Kenya 2015





NALA, the little Girl

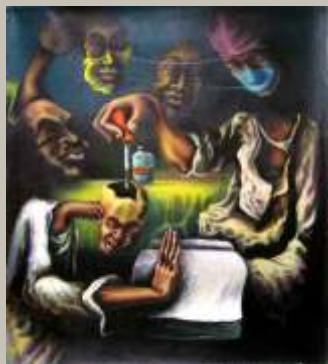


Samuel Njoroge

Nairobi
Kenya
2015



NALA listen to wonderful sounds



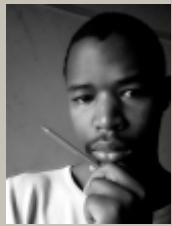
Boniface Maina

Nairobi
Kenya
2015

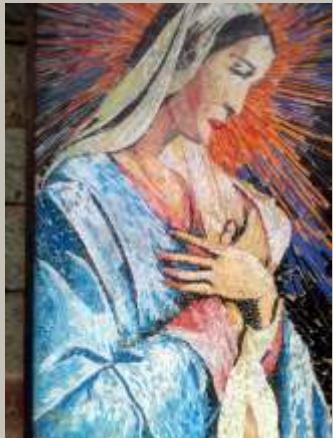




Apollo
Amany



Kiserian
Kenya
2015



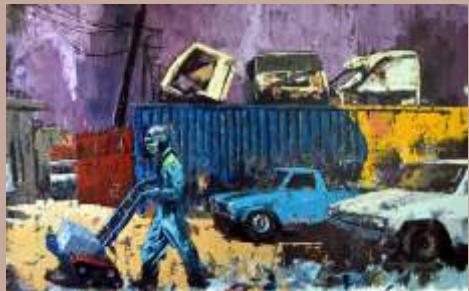


NALA at Night in Nairobi



Elias Mungora

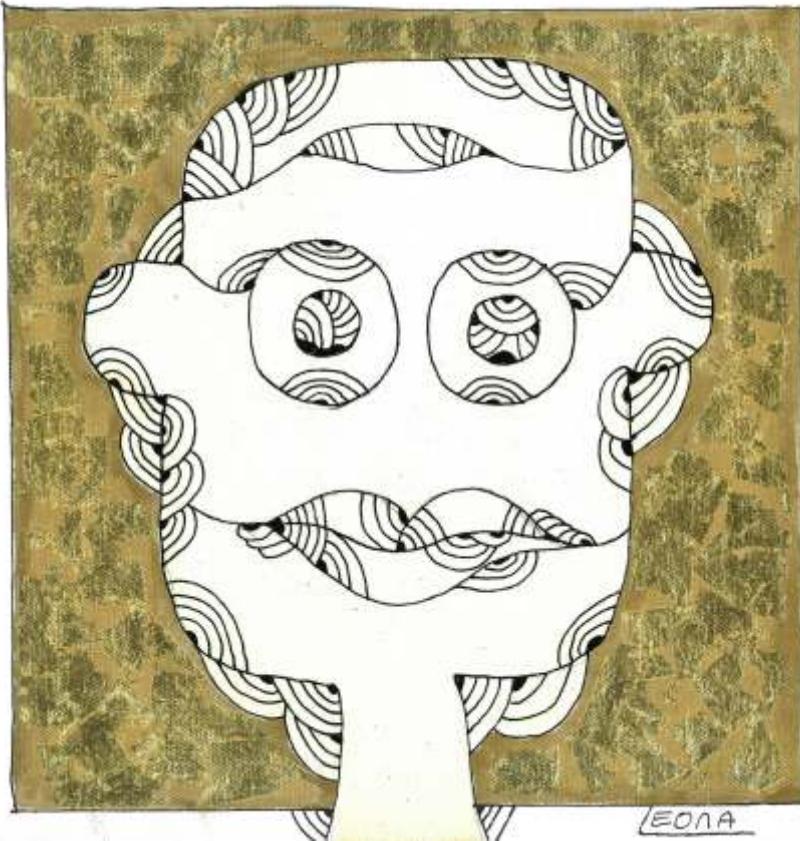
Nairobi
Kenya
2015





Angelika Loewe
(Leona)

Kassel
Germany
2017





**Yohannes
Sebeseba**

Addis Ababa
Ethiopia
2015





Owen Shikabeta

Lusaka
Zambia
2014



Joseph
Shakulipa

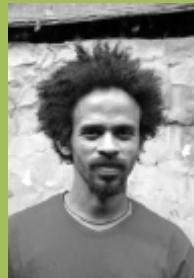
Lusaka,
Zambia
2014





Tewodros Bekele

Addis Ababa
Ethiopia
2015





Richard Mteki

Harare
Zimbabwe
2013





André Pilz

Windhoek / **Namibia**
Bulawayo / **Zimbabwe**
2013



Nala and Ewe



Ann Gadd

Cape Town
South Africa
2019





Albert Chikunguwo
Lloyd Mlauzi



DuNoon, Cape Town
South Africa
2019



NALA is dancing



Professor Pedro

Cape Town
South Africa
2019



let Africa shine



Roger Bongolomba

Cape Town
South Africa
2019



little Nala's from Nairobi



Warembo Wasanii
Art Studio

Nairobi, Kenya
2019



NALA on the beach



Joan Otieno
Warembi Wasanii Studio

Nairobi, Kenya
2019



NALA is leaving Namibia



Sunya Beukes
Windhoek
Namibia
2013

NALA with Otjikaiva



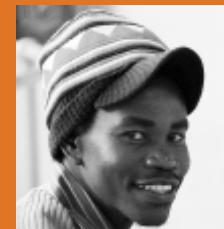
Tafadzwa Mitchel Gatsi
(Tafy Tang)

Windhoek, Namibia
2013





NALA and Trianus



Trianus Nakale

Windhoek
Namibia
2013



Nala and Alvina



Heather Erdmann

Rehoboth
Namibia
2013

Nala feeling cold



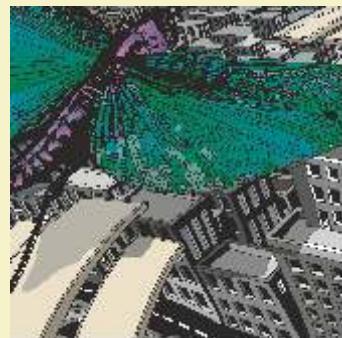
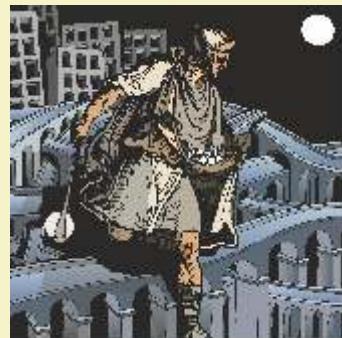
Selma lipinge

Windhoek
Namibia
2013



Wolfgang Loewe

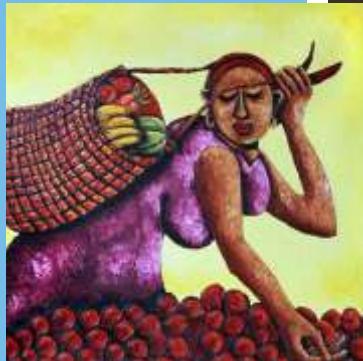
Kassel
Germany 2017





Mary Ogembo

Keren / Nairobi
Kenya 2019



Newspaper article:



DETERMINATION/ TOUR

Ambitious bike tourist from Cape Town to London

By Monica Kasson



She is a young woman who has cycled across Africa to raise money for charity. She has now started a new challenge - cycling from Cape Town to London.

She is a determined woman who has cycled across Africa to raise money for charity. She has now started a new challenge - cycling from Cape Town to London.

South Africa, Zambia,
Zimbabwe, Tanzania,
Kenya, Germany
Switzerland,



ART & CULTURE

Inspiration galore as artist cycles to fulfil two dreams



The girl dreams of exploring the mountains. She begins her journey knowing motivation from a bird.



ENTERTAINMENT Page 14 Sunday 14 June 2009

Andrew Holgate's **Hole in the Wall**
Art reviews, interviews and critiques

For the love of Sade, Nala is born

M6 Entertainment

Artist to travel the world on bicycle

Sunday Letters 14 June 2009

NALA

3rd anniversary
1.4.2013 - 1.4.2016

TV / Radio Interviews:
Namibia, Zimbabwe, Kenya, Tanzania

The cover of Tabletalk magazine features a blue header with the title 'Tabletalk' in large white letters. Below the title is a photograph of a group of people gathered around a table, smiling. The background shows a church interior with pews and a pulpit. The overall theme is a church service or gathering.

The cover of Tabletalk magazine features a large, bold title "Tabletalk" at the bottom. Above the title, there are three small images: one of a baby, one of a doctor examining a patient, and one of a man working on a table. To the right of the images is a box containing text about Cape Hearing Aids, followed by a section titled "LOVE YOUR EASY B." and a "Wednesday April 10, 2013" section.

Allgemeine Zeitung
REIN MAIN PRESS

BRÜCKENSCHLAG DER BESSUNGENER ART:
André Pilz radelt 16 000 Kilometer durch Afrika
– Nahausstellung in Mainz-Bretzenheim

Seit über 10 Jahren ist der Mainzer André Pilz auf dem Rad unterwegs. Er hat dabei über 16.000 Kilometer zurückgelegt und dabei nicht nur die Weltmeisterschaften im Mountainbiking gewonnen, sondern auch eine eigene Ausstellung eröffnet.

„Ich habe mich entschieden, meine Radreisen zu dokumentieren. Ich kann mir nicht vorstellen, wie es wäre, wenn ich nie wieder aufs Rad stehe“, sagt Pilz. „Ich habe mich entschieden, meine Radreisen zu dokumentieren.“

Die Ausstellung zeigt eine Sammlung von Bildern, Dokumenten und Gegenständen aus den Reisen. Es gibt auch eine Präsentation über die Radreisen und eine Dokumentation über die Ausstellung.

Die Ausstellung läuft vom 10. bis zum 17. September 2011 im Museum für Naturkunde in Mainz-Bretzenheim. Eintritt ist frei.

The NALA Project

Cyclingtour

2013 - 2016
16.000 km

Cyclingtour 16.000 km
2013 - 2016

Flights

 Tour by Bus

— — — — — Remaining route



In Memory of:

Moritz Conrad

Ignitius Sampa

Christopher Simbule

Jürgen Tschorn

Karin Antonucci - Hentschke

Issa Mitole